

The Dream Keeper's Journal

"In a dream, in a vision of the night, when deep sleep falls on people as they slumber in their beds, he may speak in their ears and terrify them with warnings...." - Job 33:15-16

1. Date & Time

2. Title of the Dream

3. The Dream (Full Description)

KEY POINTS:

- * Keep a journal nearby your bed to record your dreams
- * Be Faithful in recording your dream, even if your TIRED!
- * Ask the Holy Spirit to help you remember and listen to Him
- * Record even the slightest detail. It may be important in helping interpret.

4. Emotions Felt

☐ Fear

☐ Sadness

☐ Joy

☐ Anger

☐ Awe

☐ Peace

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5. Who Was in the Dream?

6. Symbols & Key Elements

Symbol	Meaning (if known)	Scripture/Notes

7. Initial Interpretation

8. Prayer / Response

9. Follow-Up

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- ☐ Journalled
 - ☐ Prayed over
 - ☐ Shared with someone
 - ☐ Waited on God
 - ☐ Interpretation received
 - ☐ Fulfilled / Confirmed